

Health and Welfare

Northpointe Animal Hospital and Banfield Pet Hospital Pet Care for Dogs and Cats



Dogs and Cats are a wonderful part of our lives, and as we strive to take care of our health, we also do the same for them.

Join us for one of three special sessions in which staff at local animal hospitals

will share their advice on preventive care and recommend healthy eating habits for our dogs and cats.

Tours will be provided at the end of each session.

Northpointe Animal Hospital

Date: Sunday, July 22

Time: 10:00 a.m.

Cost: Free

Deadline: Saturday, July 14

Location: NorthPointe Animal Hospital, 2902 164th St. SW, Ste. D4, Lynnwood

Banfield Pet Hospital

Date: Wednesday, August 8

Time: 6:00 p.m.

Cost: Free

Deadline: Wednesday, August 1

Date: Saturday, August 25

Time: 9:30 a.m.

Cost: Free

Deadline: Saturday, August 18

Location: Banfield Pet Hospital, 15418 Main St., Unit M105, Mill Creek

Event Coordinator: Cathy LaBerta, 425-750-6484,

catherine.m.laberta@boeing.com

Instructions: Contact the event coordinator if you'd like to attend. ❖

Financial Seminars



Crucible Brewing Brewery Tasting and Retirement Planning

Join us for beer tasting, beer knowledge, and a bit of retirement education.

Sample and learn from brewmaster Dick Mergans how Crucible Brewing crafts its IPA.

Following the tasting, we'll have an open discussion with Pacific Group Advisors representatives on topics including long-term care, beneficiaries, taxation, and Social Security.

Note: Participants must be age 50 and over. The seminar content is not sponsored or endorsed by the Boeing Leadership Network or The Boeing Company and is intended for educational purposes only.

Date: Tuesday, June 19

Time: 4:00 p.m.

Cost: Free

Location: Crucible Brewing–Everett Foundry, 909 SE Everett Way, Everett

Event Coordinator: Robert Reichle, 425-337-2906,

robert_R_R52@yahoo.com

Instructions: Contact the event coordinator if you'd like to attend. ❖

Community Outreach



Volunteer Opportunity Seattle Urban Academy Graduation

Seattle Urban Academy is a non-profit high school for at-risk youth in the Rainier Valley. Help make graduation special by volunteering to set up chairs, prep food, monitor food during the reception, cut and plate cake, make punch, and clean up after.

Date: Friday, June 15

Time: 11:00 a.m.

Cost: Free

Deadline: Wednesday, June 13

Location: Japanese Presbyterian Church, 1801 24th Ave. S., Seattle

Event Coordinator: Sharon Lucas, 425-237-4982,

sharon.s.lucas@boeing.com

Instructions: Contact the event coordinator to volunteer. ❖



Volunteer Opportunity Challenge Air Fly Day

Challenge Air offers life-changing experiences to physically challenged and seriously ill children and youth through aviation events. Fly Day allows each child to participate in an actual flight as a co-pilot so that they may have a chance and a choice to see the world from a different view. Sign up to greet, check in, support staging families before the flights, and more.

Date: Saturday, August 18

Time: 6:00 a.m.

Cost: Free

Deadline: Wednesday, August 1

Location: Historic Flight Foundation, Paine Field, 10719 Bernie Webber Dr., Mukilteo

Event Coordinator: Andie White, 425-876-2762,

andrea.g.white@boeing.com

Instructions: Contact the event coordinator to volunteer. ❖

Sports



North Shore Golf Course Golf Basics & Skill Enhancement

The North Shore practice facility is a great place to work on your game, with instructors who know how frustrating golf can be for those just starting out or lacking formal instruction.

Note: No tickets will be issued. Attendees must check in by name.

Date: Thursday, July 19

Time: 5:30 p.m.

Cost: \$15

Deadline: Monday, June 18

Location: North Shore Golf Course, 4101 North Shore Blvd. NE, Tacoma

Event Coordinator: Yolanda Young, 253-657-2928,

yolanda.a.young@boeing.com

Instructions: Send a check payable to BLN to Yolanda Young, MC 5A-106, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. **Please include your e-mail address and phone number.** ❖