

7/13/2022

Elder Abuse

by Dr George Gey, BLNR Health and Welfare Connection

Elder abuse is "a single, or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person." [Wikipedia](#).

One can report elder abuse according to the Washington State, WA. Gov web site, Access Washington ([click here](#)) which links to the reporting tools [click here](#).

If you are contemplating assisted living or require help at home, Choice is a useful information website/document. Choice can be reached at 1-800-361-0138 or www.choiceadvisory.com. It has products and services for seniors in the Puget Sound Area. This will give information on most assisted living places in our area.

One can also find assisted care at Caring.com, it is an excellent self-help web site. Clinics and hospitals have recommendations for persons requiring assisted living. Especially if one is recovering from medical treatments.

Because of the COVID pandemic the Retirees have not been visiting assisted living places in and around Seattle.

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