## **Long Term Care & the Cost of Crisis**

Although we are living longer, many families forego planning and let chance and crises drive their decisions. This presentation will help individuals get a better understanding of several different long-term care options available and will break down some pros, cons, and costs of each option. Paying for care is another important aspect of planning for the future. This expanded presentation provides insight into how Medicare, Medicaid, and long-term care insurance apply to long-term care costs, outlines the costs of crisis using a case study and shares practical tips for starting the conversation within your own family including the complex web of needs (social, emotional, physical, mental, spiritual etc.).

## Speaker/s

Michael Quiqley from Capital Planning hosts, Mary Lynn Pannen - one of the nation's leading experts on Geriatric Care Management and Home Care for seniors and individuals with complex and wide-ranging needs. She is a well-known and resourceful voice on eldercare issues. Her expertise and passion for quality care has made her a sought-after speaker and advisor on both the local and national level. As a natural outgrowth of her work as a RN and Certified Care Manager, Mary Lynn based her vision for Sound Options on her extensive experience working as an advocate for patients and families. Since its founding in 1989, she has grown the company into the largest private elder care management company in Washington State.

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## Please feel free to extend this invitation to family and friends.

**Invited:** Gold Card Chapter members and Guests (30 person limited capacity)

Date: September 28, 2016

Time: 11:30 am to 2:00 pm (lunch provided)

**Cost:** \$ 5.00 per person

Location: El Gaucho Restaurant, 450 108th Ave NE, Bellevue, WA 98004

**Event Coordinator**: William P (Pete) Bailey; peterb00001@onebox.com 206-232-9451; 4708 E Mercer Way, Mercer Island, WA 98040

**Instructions**: Mail completed coupon indicating preferred seminar date and mail check payable to BMA to the event coordinator. For directions call Capital Planning (425-643-1800). El Gaucho offers garage parking and will be validated for the event, please bring your ticket.

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